

Establishing All My Ways – Prov. 4:20-27; 13:19

My Personal Goals and Plan of Action

I. Physical life (health) goals:

A. Inventory

1. Time I now spend daily _____ weekly _____
2. Time I should spend daily _____ weekly _____

B. My goals and plan

II. Spiritual life goals:

A. Inventory

1. Time I now spend daily _____ weekly _____
2. Time I should spend daily _____ weekly _____

B. My goals and plan

III. Family life goals:

A. Inventory

1. Time I now spend daily _____ weekly _____
2. Time I should spend daily _____ weekly _____

B. My goals and plan

IV. Financial life goals:

A. Inventory

1. Time I now spend daily _____ weekly _____
2. Time I should spend daily _____ weekly _____

B. My goals and plan

V. Mental life goals:

A. Inventory

1. Time I now spend daily _____ weekly _____
2. Time I should spend daily _____ weekly _____

B. My goals and plan

VI. Social life goals:

A. Inventory

1. Time I now spend daily _____ weekly _____
2. Time I should spend daily _____ weekly _____

B. My goals and plan
